

## HAIR REMOVAL

Full Leg Wax	R250	45min
¾ Leg Wax	R195	30min
Arm Waxing	R195	30min
Chest / Stomach / Back Wax	R230	20min
Bikini Wax	R180	30min
Underarm Waxing	R170	20min
Brazilian Bikini Wax	R240	45min
Hollywood Bikini Wax	R300	60min
Threading - Chin or Lip or Brow	R100	30min
Threading - Two areas	R150	45min
Add a Facial Wax - Chin or Lip or Brow	R55	20min
Add a Nose / Ear / Toe Waxing	R55	20min

### Rasul Steam Chamber

R110 30min

Self-indulgent body scrub and body mud application in a heated steam room followed by rain showers + R10 extra per person

### Jacuzzi

R150 30min

Hot tub session up to 4 people

Platters, Light lunches and various drinks are available

### Opening Times

Monday	9am - 5pm	Friday	9am - 5pm
Tuesday	9am - 7pm	Saturday	9am - 3pm
Wednesday	9am - 5pm	Sunday	Closed
Thursday	9am - 7pm	Public holidays	9am - 1pm

### Spa Etiquette

Arrive 10min before the start of your treatment.

Cancel your booking the previous day if unable to attend.

Bring your swimwear along if you have body treatments booked.

Be sure to mention any preferences or concerns you have.

This is your special time booked so be sure to switch off your cellphone.

### Payment methods

Cash, card or pre-arranged electronic transfers are welcome.

Gift vouchers are available

Spoil someone special with a treatment they desire.

The envelope will be embellished and elegantly presented.

ALL PRICES INCLUDES VAT.

[www.sanguinewellness.co.za](http://www.sanguinewellness.co.za)



**SANGUINE SPA**  
BEAUTY & WELLNESS

## Price List

044 873 4513 | 072 227 5969

[reception@sanguinewellness.co.za](mailto:reception@sanguinewellness.co.za)

[www.sanguinewellness.co.za](http://www.sanguinewellness.co.za)

## BODY THERAPY

Back Massage	R195	30min
Back & Scalp Massage	R240	45min
Recharge Back & Foot Massage	R260	50min
Full Body Massage 60	R320	60min
Full Body Massage 90	R400	90min
Deep Tissue Massage	R460	75min
Hot Stone Massage	R350	75min
Hawaiian Massage	R350	75min
African Rungu Massage	R350	75min
Kinesthetics Massage	R420	90min
Deep yet relaxing massage to improve deep seated tension in muscles and joints		
Candle Massage	R420	90min
Foot ritual and back massage with hair and scalp treatment		
Manual Lymph Drainage	R420	90min
Soft skin massage to aid lymphatic flow		
Mom-To-Be Full Body Massage	R330	60min
Unique supporting pillow and massage butter safe for mom and baby		
Reflexology	R230	45min
Back Stress Relief	R330	60min
Scrub, Massage, Mask & Scalp Massage		
Hair and Scalp Treatment	R240	45min
Massage of upper body and scalp with hair care		
Body Glow Exfoliation	R195	30min
Body Cocoon	R330	60min
Full body Scrub and Wrap		
Body Slimming	R330	60min
Muscle firming and toning		
G5 Slimming	R240	45min
Vibratory stimulation of cellulite areas		

## SKIN THERAPY

Skin Analysis with Wood Lamp Black Light	Free	15min
Appetizer Facial	R240	45min
Mini Facial with Skin Analysis		

## THE RAVINE - Grapeseed and Essential Oil-based Skincare

Balancing Facial - Balancing Facial for all Skin Types	R380	60min
Anti-Ageing Gold Facial - For ageing skin	R560	90min
Hydrating Facial - Hydrating Facial for all Skin Types	R380	60min
Purifying Facial -	R400	80min
For Congested Skin, includes extractions		

## ESSE - Organic and Probiotic Skincare

Gentle - For reactive skin	R345	60min
Hydroboost Facial -	R395	60min
Deeply hydrates and plumps fine lines		
Brightening Facial -	R395	60min
For uneven skin tone and hyperpigmentation		
Clarifying - For breakout prone skin with excess sebum	R395	60min
Intensity - For expression lines and wrinkles, muscle relaxant plant extract provides strong and rapid wrinkle reduction	R395	60min

## ADVANCED SKIN TREATMENTS

Pen Needling - Advanced Treatment for Anti-ageing, Rejuvenation and Texture	R510	45min
Add a Chemical Peel - Salicylic or Fruit acid peel	R200	20min
Chemical Peel	R250	45min
Chemical Peel Course of 6 - Fruit or Salicylic Acid	R1380	
Add High Frequency - For acneic, oily skin	R120	20min
Add MicroCurrent -	R120	20min
For non-invasive lifting of facial contours		

## ADDITIONAL

Add a Tinting of Lashes or Brows	R55	15min
Tinting of Lashes or Brows	R100	20min
Eyelash Extensions	R380	90min
Eyelash Curling - Includes a complimentary lash tint	R345	60min
Makeup - Special Occasion or Bridal	R380	75min

## HANDS & FEET

Hand Ritual - Scrub, Soak and Massage of Hand and Lower Arm	R170	30min
Foot Ritual - Scrub, Soak and Massage of Foot and Lower Leg	R170	30min
Mini Manicure - Cuticle care, filing, cream application and nail polish	R170	30min
Spa Manicure Hand Treatment	R220	60min
Spa Pedicure Foot Treatment	R220	60-75min
Blissful Feet Pedicure - Paraffin Wax, Renew Callous Treatment and 20min Back Massage	R400	1h45min
Add a Paraffin Wax Treatment	R110	20min
Add a Renew Callous Treatment	R110	20min
Biosculpture Gel Overlay	R330	90min
Excluding scrub and massage		
Biosculpture Gel Tips or Extensions	R450	90min
Soak off	R110	20min